

ULTRA-FIT CIRCLE®



DESCRIPTION:

Designed for home use, the Ultra-Fit Circle® is made of flexible plastic with a soft, rubberized shell. Padded handles on both the inside and the outside of the ring offer superior comfort. Resistance is approximately equivalent to a 3-band Spring Circle. 15" (38 cm) outside diameter.

Comes with free 15-minute DVD training guide. Designed by Risa Sheppard.